Tourist guide for the Baldo Garda area

TORRI DEL BENACO

Carpione baked in foil with steamed vegetables

Ingredients
two carpione of 400/500 grams
a clove of garlic
lemon peel
rosemary
salt and pepper
potatoes
zucchini
carrots



Method

extra virgin olive oil

Prepare the package (foil and baking paper), laying the cleaned carpione on it, garnishing it with a clove of garlic, lemon peel and a sprig of rosemary. Season with salt and pepper. Bake at 180 degrees for 25/30 minutes. Serve the carpione, accompanied with the steamed vegetables. Drizzle with extra virgin olive oil.

